

Ergebnisse des 33. Spiridon-Dreikampfes des SCC Berlin

2009

GESAMT

Vorname	Name	Verein	JG	AK	5 km	Pkt.	10 km	Pkt.	HM	Pkt.	Mara	Pkt.	Pkt. (Gesamt)
1	Karsla	Paisiegla	1963	W45	00:38:53	703	01:25:40	720	01:25:40	720	03:00:19	676	2129
2	Franziska	Schoop	1965	W40	00:39:47	668	01:27:21	750	01:27:21	750	03:15:11	559	1947
3	Reiner	Braun	1967	M40	00:35:43	618	01:18:22	641	01:18:22	641	02:48:15	643	1902
4	Said	Belkaid	1967	M40	00:34:41	669	01:18:54	630	01:18:54	630	02:58:25	554	1853
5	Markus	Schmid	1967	M40	00:36:33	579	01:21:25	579	01:21:25	579	02:59:01	544	1702
6	Wilfried	Jackisch	1951	M65	00:37:26	540	01:21:47	572	01:21:47	572	03:07:58	538	1650
7	Michael	Schatz	1957	M50	00:37:20	544	01:21:36	575	01:21:36	575	03:01:47	525	1644
8	Alexander	Koska	1969	M40	00:38:26	497	01:23:13	544	01:23:13	544	02:57:35	561	1602
9	Oliver	Mannhold	1963	M45	00:37:44	527	01:22:38	555	01:22:38	555	03:04:59	498	1580
10	Sabine	Najjar	1967	W40	00:43:48	527	01:39:08	542	01:39:08	542	03:33:44	446	1515
11	Daniel	Rusch	1957	M50	00:37:50	523	01:26:41	482	01:26:41	482	03:08:17	472	1477
12	Frank	Deutschmann	1954	M65	00:38:14	506	01:24:50	515	01:24:50	515	03:14:35	425	1446
13	Sabine	Maschke	1969	W40	00:44:12	514	01:43:15	488	01:43:15	488	03:46:53	376	1378
14	Gisela	Gluth	1956	W50	00:45:39	471	01:40:05	529	01:40:05	529	03:50:38	357	1357
15	Elisa	Przibilla	1961	W45	00:47:44	412	01:49:44	598	01:49:44	598	03:55:02	335	1345
16	Karl-Heinz	Maschner	1952	M65	00:40:47	406	01:27:47	463	01:27:47	463	03:09:43	461	1330
17	Annett	Schöer	1968	W40	00:48:06	402	01:45:18	463	01:45:18	463	03:45:41	382	1247
18	Wilfried	Köhnke	1947	M60	00:20:05	469	00:41:49	369	01:32:00	394			1232
19	Michael	Kautz	1965	M40	00:41:42	373	00:41:42	373	01:31:00	410	03:16:27	412	1195
20	Daniela	Kühn	1971	W35	00:44:44	498	00:44:44	498	01:40:03	529	04:51:42	138	1165
21	Hansi	Rigney	1941	W65	00:49:08	384	01:49:34	414	01:49:34	414	03:57:00	325	1123
22	Nella	Barthel	1957	W50	00:48:52	383	01:49:32	415	01:49:32	415	04:05:46	285	1083
23	Schröter	Swen	1969	M40	00:41:13	390	01:32:56	380	01:32:56	380	03:36:14	294	1064
24	Detlef	Lasse	1943	M65	00:21:40	414	00:42:01	362	01:40:48	269			1045
25	Rüdiger	Reuter	1963	M45	00:43:48	303	01:35:04	348	01:35:04	348	03:29:39	330	981
26	Hans-Jürgen	Fründt	1957	M50	00:41:47	370	01:30:16	422	01:30:16	422	03:59:13	176	968
27	Sigrid	Fenchel	1959	W50	00:51:32	318	01:50:10	408	01:50:10	408	04:17:37	240	966
28	Günter	Hallas	1942	M65	00:44:40	276	01:39:35	285	01:39:35	285			956
29	Hans	Dahlem	1952	M55	00:44:51	270	01:37:20	314	01:37:20	314	03:26:52	347	931
30	Franz	Feddema	1944	M65	00:46:45	215	01:45:57	205	01:45:57	205			874
31	Jörg	Poetschull	1963	M45	00:39:36	451	01:32:21	389	01:32:21	389	04:42:14	26	866
32	Detlef	Kuhmann	1954	M55	00:43:57	298	01:38:43	297	01:38:43	297	03:42:49	259	854
33	Beatrice	Karanassios	1954	W65	00:54:02	263	02:02:22	287	02:02:22	287			835
34	Volker	Götz	1962	M45	00:26:43	285	00:44:16	288	01:41:57	255	03:37:30	287	830
35	Heidrun	Weinhold	1955	W50	00:53:13	280	01:59:52	310	01:59:52	310	04:20:52	229	819
36	Petra	Meier	1988	W40	00:52:55	287	01:58:44	320	01:58:44	320	04:39:45	171	778
37	Helga	Balke	1948	W60	00:26:10	296	00:56:04	222	02:08:58	239			757
38	Andreas	Schierarend	1950	M55	00:23:43	355	00:48:47	161	01:48:01	181			697
39	Hiltrud	Nieser	1945	W60	00:27:00	279	00:56:02	222	02:17:03	170			671
40	Helmuth	Pflaum	1939	M70	00:24:15	341	00:48:52	159	01:51:16	145			645
41	Sabine	Pflaum	1946	W60	00:29:27	233	00:57:06	201	02:13:32	200			634
42	Franz-Georg	Stegers	1950	M55	00:24:48	328	00:48:12	176	01:54:19	114			618
43	Hella	Schelte Groß	1945	W60	00:28:53	243	00:57:45	188	02:17:10	169			600
44	Wolfgang	Paech	1940	M65	00:24:20	339	00:50:31	118	01:54:10	115			572
45	Leo	Hohmann	1933	M75	00:24:42	330	00:48:55	157	01:58:11	75			562
46	Frank	Eckenhoff	1959	M50	00:26:06	298	00:48:06	178	01:46:03	204	04:05:00	150	532
47	Helmuth	Kawohl	1941	M65	00:51:41	91	01:54:15	114	01:54:15	114			503
48	Ingo	Balke	1939	M70	00:25:28	312	00:51:52	86	01:57:23	83			481
49	Karl-Heinz	Wegener	1945	M60	00:26:05	298	00:52:03	82	01:57:20	84			464
50	Günter	Oremek	1934	M75	00:26:01	300	00:53:49	44	02:02:47	33			377
51	Wilfried	Lübke	1952	M55	00:47:44	188	01:50:58	149	04:47:22	12			349
52	Günther	Becke	1940	M65	00:52:19	76	01:50:06	158	01:50:06	158	04:17:45	101	335
53	Klaus-Dieter	Gentzow	1939	M70	00:25:20	315	00:57:11	1	02:08:45	1			317
54	Horst-Dieter	Bellack	1956	M50	00:49:16	148	01:55:00	107	01:55:00	107	04:39:10	35	290
55	Annemarie	Maschner	1939	W70	00:33:20	174	01:05:13	39	02:30:48	44			257
56	Holger	Hoffmann	1969	M40	00:47:18	200	02:05:43	8	04:57:03	1			209
57	Helga	Papenfuß	1938	W70	00:36:32	135	01:11:20	1	02:45:11	1			137

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FRAUEN - GESAMT

Vorname	Name	Verein	JG	AK	5 km	Pkt.	10 km	Pkt.	HM	Pkt.	Mara	Pkt.	Pkt. (Gesamt)
1	Karsta	Parsiegla	1963	W45			00:38:53	703	01:25:40	750	03:00:19	676	2129
2	Franziska	Schoop	1965	W40			00:39:47	668	01:27:21	720	03:15:11	559	1947
3	Sabine	Najjar	1967	W40			00:43:48	527	01:39:08	542	03:33:44	446	1515
4	Sabine	Maschke	1969	W40			00:44:12	514	01:43:15	488	03:46:53	376	1378
5	Gisela	Gluth	1956	W50			00:45:39	471	01:40:05	529	03:50:38	357	1357
6	Elisa	Przibilla	1961	W45			00:47:44	412	01:49:44	598	03:55:02	335	1345
7	Annett	Schöer	1968	W40			00:48:06	402	01:45:18	463	03:45:41	382	1247
8	Daniela	Kühn	1971	W35			00:44:44	498	01:40:03	529	04:51:42	138	1165
9	Hansi	Rigney	1941	W65			00:49:08	384	01:49:34	414	03:57:00	325	1123
10	Nella	Barthel	1957	W50			00:48:52	383	01:49:32	415	04:05:46	285	1083
11	Sigrid	Fenchel	1959	W50			00:51:32	318	01:50:10	408	04:17:37	240	966
12	Beatrice	Karanassios	1954	W55	00:26:43	285	00:54:02	263	02:02:22	287			835
13	Heidrun	Weinhold	1955	W50			00:53:13	280	01:59:52	310	04:20:52	229	819
14	Petra	Meier	1968	W40			00:52:55	287	01:58:44	320	04:39:45	171	778
15	Helga	Balke	1948	W60	00:26:10	296	00:56:04	222	02:08:58	239			757
16	Hiltrud	Nieser	1945	W60	00:27:00	279	00:56:02	222	02:17:03	170			671
17	Sabine	Pflaum	1946	W60	00:29:27	233	00:57:06	201	02:13:32	200			634
18	Hella	Schelte Groß	1945	W60	00:28:53	243	00:57:45	188	02:17:10	169			600
19	Annemarie	Maschner	1939	W70	00:33:20	174	01:05:13	39	02:30:48	44			257
20	Helga	Papentfuß	1938	W70	00:36:32	135	01:11:20	1	02:45:11	1			137

Ergebnisse des 33. Spiridon-Dreikampfes des SCC Berlin

FRAUEN - NACH AK

	Vorname	Name	Verein	JG	AK	5 km	Pkt.	10 km	Pkt.	HM	Pkt.	Mara	Pkt.	Pkt. (Gesamt)
W35	1 Daniela	Kühn	VfL Tegel	1971	W35			00:44:44	498	01:40:03	529	04:51:42	138	1165
W40	1 Franziska	Schoop	SCC Berlin	1965	W40			00:39:47	668	01:27:21	720	03:15:11	559	1947
	2 Sabine	Najjar	SCC Berlin	1967	W40			00:43:48	527	01:39:08	542	03:33:44	446	1515
	3 Annett	Schöer	SCC Maulwürfe	1968	W40			00:48:06	402	01:45:18	463	03:45:41	382	1247
4 Sabine	Maschke	SCC Berlin	1969	W40			00:44:12	514	01:43:15	488	03:46:53	376	1378	
5 Petra	Meier	VfL Tegel	1968	W40			00:52:55	287	01:58:44	320	04:39:45	171	778	
W45	1 Karsta	Parsiegla	SCC Berlin	1963	W45			00:38:53	703	01:25:40	750	03:00:19	676	2129
	2 Elisa	Przibilla	SCC Berlin	1961	W45			00:47:44	412	01:49:44	598	03:55:02	335	1345
W50	1 Gisela	Gluth	SCC Berlin	1956	W50			00:45:39	471	01:40:05	529	03:50:38	357	1357
	2 Nella	Barthel	SCC Berlin	1957	W50			00:48:52	383	01:49:32	415	04:05:46	285	1083
	3 Sigrid	Fenchel	SCC Berlin	1959	W50			00:51:32	318	01:50:10	408	04:17:37	240	966
	4 Heidrun	Weinhold	SCC Berlin	1955	W50			00:53:13	280	01:59:52	310	04:20:52	229	819
W55	1 Beatrice	Karanassios	SCC Berlin	1954	W55	00:26:43	285	00:54:02	263	02:02:22	287			835
W60	1 Helga	Balke	VfL Tegel	1948	W60	00:26:10	296	00:56:04	222	02:08:58	239			757
	2 Hiltrud	Nieser	VfL Tegel	1945	W60	00:27:00	279	00:56:02	222	02:17:03	170			671
	3 Sabine	Pflaum	Zehlendorfer TSV	1946	W60	00:29:27	233	00:57:06	201	02:13:32	200			634
	4 Hella	Scheite Groß	VfL Tegel	1945	W60	00:28:53	243	00:57:45	188	02:17:10	169			600
W65	1 Hansi	Rigney	SCC Berlin Kilometerfresser	1941	W65			00:49:08	384	01:49:34	414	03:57:00	325	1123
	2 Annemarie	Maschner	VfL Tegel	1939	W70	00:33:20	174	01:05:13	39	02:30:48	44			257
W70	3 Helga	Papenfuß	SCC Berlin	1938	W70	00:36:32	135	01:11:20	1	02:45:11	1			137

Ergebnisse des 33. Spiridon-Dreikampfes des SCC Berlin

MÄNNER - GESAMT

Vorname	Name	Verein	JG	AK	5 km	Pkt.	10 km	Pkt.	HM	Pkt.	Mara	Pkt.	Pkt. (Gesamt)
1	Reiner	Braun	1967	M40			00:35:43	618	01:18:22	641	02:48:15	643	1902
2	Said	Belkaid	1967	M40			00:34:41	669	01:18:54	630	02:58:25	554	1853
3	Markus	Schmid	1967	M40			00:36:33	579	01:21:25	579	02:59:01	544	1702
4	Wilfried	Jackisch	1951	M55			00:37:26	540	01:21:47	572	03:07:58	538	1650
5	Michael	Schatz	1957	M50			00:37:20	544	01:21:36	575	03:01:47	525	1644
6	Alexander	Koska	1969	M40			00:38:26	497	01:23:13	544	02:57:35	561	1602
7	Oliver	Mannhold	1963	M45			00:37:44	527	01:22:38	555	03:04:59	498	1580
8	Daniel	Rusch	1957	M50			00:37:50	523	01:26:41	482	03:08:17	472	1477
9	Frank	Deutschmann	1954	M55			00:38:14	506	01:24:50	515	03:14:35	425	1446
10	Karl-Heinz	Maschner	1952	M55			00:40:47	406	01:27:47	463	03:09:43	461	1330
11	Wilfried	Köhnke	1947	M60	00:20:05	469	00:41:49	369	01:32:00	394			1232
12	Michael	Kautz	1965	M40			00:41:42	373	01:31:00	410	03:16:27	412	1195
13	Schröter	Swen	1969	M40			00:41:13	390	01:32:56	380	03:36:14	294	1064
14	Detlef	Lasse	1943	M65	00:21:40	414	00:42:01	362	01:40:48	269			1045
15	Rüdiger	Reuter	1963	M45			00:43:48	303	01:35:04	348	03:29:39	330	981
16	Hans-Jürgen	Fründt	1957	M50			00:41:47	370	01:30:16	422	03:59:13	176	968
17	Günter	Hallas	1942	M65	00:22:17	395	00:44:40	276	01:39:35	285			956
18	Hans	Dahlem	1952	M55			00:44:51	270	01:37:20	314	03:26:52	347	931
19	Franz	Feddema	1944	M65	00:20:29	454	00:46:45	215	01:45:57	205			874
20	Jörg	Poetschull	1963	M45			00:39:36	451	01:32:21	389	04:42:14	26	866
21	Detlef	Kuhmann	1954	M55			00:43:57	298	01:38:43	297	03:42:49	259	854
22	Volker	Götz	1962	M45			00:44:16	288	01:41:57	255	03:37:30	287	830
23	Andreas	Schierarend	1950	M55	00:23:43	355	00:48:47	161	01:48:01	181			697
24	Helmut	Pflaum	1939	M70	00:24:15	341	00:48:52	159	01:51:16	145			645
25	Franz-Georg	Stegers	1950	M55	00:24:48	328	00:48:12	176	01:54:19	114			618
26	Wolfgang	Paech	1940	M65	00:24:20	339	00:50:31	118	01:54:10	115			572
27	Leo	Hohmann	1933	M75	00:24:42	330	00:48:55	157	01:58:11	75			562
28	Frank	Eckenhoff	1959	M50			00:48:06	178	01:46:03	204	04:05:00	150	532
29	Helmut	Kawohl	1941	M65	00:26:06	298	00:51:41	91	01:54:15	114			503
30	Ingo	Balke	1939	M70	00:25:28	312	00:51:52	86	01:57:23	83			481
31	Karl-Heinz	Wegener	1945	M60	00:26:05	298	00:52:03	82	01:57:20	84			464
32	Günter	Oremek	1934	M75	00:26:01	300	00:53:49	44	02:02:47	33			377
33	Wilfried	Lübke	1952	M55			00:47:44	188	01:50:58	149	04:47:22	12	349
34	Günther	Becke	1940	M65			00:52:19	76	01:50:06	158	04:17:45	101	335
35	Klaus-Dieter	Gentzow	1939	M70	00:25:20	315	00:57:11	1	02:08:45	1			317
36	Horst-Dieter	Bellack	1956	M50			00:49:16	148	01:55:00	107	04:39:10	35	290
37	Holger	Hoffmann	1969	M40			00:47:18	200	02:05:43	8	04:57:03	1	209

Ergebnisse des 33. Spiridon-Dreikampfes des SCC Berlin

MÄNNER - NACH AK

	Vorname	Name	Verein	JG	AK	5 km	Pkt.	10 km	Pkt.	HM	Pkt.	Mara	Pkt.	Pkt. (Gesamt)
M40	1	Reiner	SCC Berlin	1967	M40			00:35:43	618	01:18:22	641	02:48:15	643	1902
	2	Said	SCC Berlin	1967	M40			00:34:41	669	01:18:54	630	02:58:25	554	1853
	3	Markus	SCC Berlin	1967	M40			00:36:33	579	01:21:25	579	02:59:01	544	1702
	4	Alexander	SCC Berlin	1969	M40			00:38:26	497	01:23:13	544	02:57:35	561	1602
	5	Michael	Polizei SV	1965	M40			00:41:42	373	01:31:00	410	03:16:27	412	1195
	6	Schröter	Swen	1969	M40			00:41:13	390	01:32:56	380	03:36:14	294	1064
	7	Holger	Hoffmann	SCC Berlin	1969	M40			00:47:18	200	02:05:43	8	04:57:03	1
M45	1	Oliver	Mannhold	1963	M45			00:37:44	527	01:22:38	555	03:04:59	498	1580
	2	Rüdiger	Reuter	1963	M45			00:43:48	303	01:35:04	348	03:29:39	330	981
	3	Jörg	Poetschull	1963	M45			00:39:36	451	01:32:21	389	04:42:14	26	866
	4	Volker	Götz	1962	M45			00:44:16	288	01:41:57	255	03:37:30	287	830
M50	1	Michael	Schatz	1957	M50			00:37:20	544	01:21:36	575	03:01:47	525	1644
	2	Daniel	Rusch	1957	M50			00:37:50	523	01:26:41	482	03:08:17	472	1477
	3	Hans-Jürgen	Fründt	1957	M50			00:41:47	370	01:30:16	422	03:59:13	176	968
	4	Frank	Eckenhoff	1959	M50			00:48:06	178	01:46:03	204	04:05:00	150	532
	5	Horst-Dieter	Bellack	1956	M50			00:49:16	148	01:55:00	107	04:39:10	35	290
M55	1	Wilfried	Jackisch	1951	M55			00:37:26	540	01:21:47	572	03:07:58	538	1650
	2	Frank	Deuschmann	1954	M55			00:38:14	506	01:24:50	515	03:14:35	425	1446
	3	Karl-Heinz	Maschner	1952	M55			00:40:47	406	01:27:47	463	03:09:43	461	1330
	4	Hans	Dahlem	1952	M55			00:44:51	270	01:37:20	314	03:26:52	347	931
	5	Detlef	Kuhlmann	1954	M55			00:43:57	298	01:38:43	297	03:42:49	259	854
	6	Andreas	Schierarend	1950	M55	00:23:43	355	00:48:47	161	01:48:01	181			697
	7	Franz-Georg	Stegers	1950	M55	00:24:48	328	00:48:12	176	01:54:19	114			618
	8	Wilfried	Lübke	1952	M55			00:47:44	188	01:50:58	149	04:47:22	12	349
M60	1	Wilfried	Köhnke	1947	M60	00:20:05	469	00:41:49	369	01:32:00	394			1232
	2	Karl-Heinz	Wegener	1945	M60	00:26:05	298	00:52:03	82	01:57:20	84			464
M65	1	Detlef	Lasse	1943	M65	00:21:40	414	00:42:01	362	01:40:48	269			1045
	2	Günter	Hallas	1942	M65	00:22:17	395	00:44:40	276	01:39:35	285			956
	3	Franz	Feddema	1944	M65	00:20:29	454	00:46:45	215	01:45:57	205			874
	4	Wolfgang	Paech	1940	M65	00:24:20	339	00:50:31	118	01:54:10	115			572
	5	Helmut	Kawohl	1941	M65	00:26:06	298	00:51:41	91	01:54:15	114			503
	6	Günther	Becke	1940	M65			00:52:19	76	01:50:06	158	04:17:45	101	335
M70	1	Helmut	Pflaum	1939	M70	00:24:15	341	00:48:52	159	01:51:16	145			645
	2	Ingo	Balke	1939	M70	00:25:28	312	00:51:52	86	01:57:23	83			481
	3	Klaus-Dieter	Gentzow	1939	M70	00:25:20	315	00:57:11	1	02:08:45	1			317
M75	1	Leo	Hohmann	1933	M75	00:24:42	330	00:48:55	157	01:58:11	75			562
	2	Günter	Oremek	1934	M75	00:26:01	300	00:53:49	44	02:02:47	33			377